



FM Radio Receiver Model FMR

Operation Manual

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FCC Compliance Statement

NOTE: This equipment has been tested and found to comply with the limits for Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference when the equipment is operated in a commercial environment. This equipment generates, uses, and can radiate radio frequency energy and if not installed and used in accordance with the instruction manual, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the unit off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

Consult Cardio Theater or an experienced radio/TV technician for help.

WARNING: To Prevent Fire Or Electrical Shock, Do Not Expose These Appliances To Rain, Moisture, or Excess Heat.

Introduction

The Cardio Theater FMR Receiver is compatible with any FM Cardio Entertainment Transmitter and features the ability to preset 20 FM stations. This feature allows the user to select a preset number instead of scrolling through the FM dial. The user may switch between presets and manual tuning by pressing the “TV/Radio” button to scroll the FM dial to additional local radio stations.

IMPORTANT NOTE: Some buildings may block local FM station signals. Local FM stations may only be received if the local radio station can be received inside your building.

Programming Preset FM Stations

This function features the ability to program up to 20 FM stations and number them accordingly.

1. To activate program mode, press “channel up” and “channel down” buttons at the same time for three seconds. (Note that the right most decimal point is illuminated when the unit is in programming mode.)
2. Press the Channel Up or Down button to select desired FM station.
3. Press the Volume Up and Down button to select the desired preset number between 1-20 for the selected FM station.
4. Press the TV/Radio button to save the desired FM station to the corresponding preset number.
5. Repeat steps 2-4 above until all desired FM stations (up to 20) have been programmed as presets.
6. When all of the FM stations have been programmed, unplug the receiver and plug it back in to return to normal function mode.

Deleting a Preset Station

1. To delete a preset station, plug the power connector into the rear of the receiver while pressing the “TV/Radio” button at the same time.
2. Press the Volume Up and Down button to select the desired preset number.
3. Press the “Mute” button to erase the preset station.
4. Unplug the receiver and plug it back in to return to normal function mode.

Mounting Receiver

The Cardio Theater FMR Receiver is designed to mount to any make or model of cardio equipment.

1. Insert two nylon wire ties (provided) through the holes in the mounting bracket on the rear of the Cardio Theater FMR Receiver.
2. Wrap wire ties tightly around the bar so the receiver does not rotate.

NOTE: Do not place receiver where it would interfere with the cardio unit controls or display panel. The FMR Receiver mounting bracket may be removed with pliers and mounted with Super Lock Velcro to any flat surface.

Powering Receiver

Power the FMR Receiver one of two ways:

1. **C-Safe Cable:** Most cardio manufacturers offer C-Safe compatibility. Connect the Ultra Seal C-Safe cable to the C-Safe port located on cardio unit. (Refer to the manufacturer to locate C-Safe port on cardio unit).

Note: Many CV manufacturers offer C-Safe retrofit kits for older models. Contact your CV manufacturer for availability.

2. **9 Volt AC Adapter:** In the event that C-Safe is not available on the cardio unit, use the optional Ultra Seal 9 Volt AC adapter. A standard 110AC outlet is required near the cardio unit.

Ultra Seal Power Connector

The exclusive Cardio Theater Ultra Seal power connector, found on both Cardio Theater C-Safe cables and Cardio Theater 9 Volt AC Adapters, prevents sweat or cleaning products, from entering the unit.

1. Insert the connector on the rear of the receiver and press firmly around the connector hood to make a complete seal.
2. To disconnect, press tab on bottom side of connector and release.

NOTE: Confirm connector hood is securely sealed on all sides.

Limited Warranty

PLEASE READ THESE WARRANTY TERMS AND CONDITIONS CAREFULLY BEFORE USING YOUR CARDIO THEATER PRODUCT. BY USING THE EQUIPMENT, YOU ARE CONSENTING TO BE BOUND BY THE FOLLOWING WARRANTY TERMS AND CONDITIONS.

Limited Warranty.

Precor Incorporated ("Precor") warrants all new Cardio Theater products to be free from defects in materials and manufacture for the warranty periods set forth below. The warranty periods commence on the invoice date of the original purchase. This warranty applies only against defects discovered within the warranty period and extends only to the original purchaser of the product. Parts repaired or replaced under the terms of this warranty will be warranted for the remainder of the original warranty period only. To claim under this warranty, the buyer must notify Precor or your authorized Cardio Theater dealer within 30 days after the date of discovery of any nonconformity and make the affected product available for inspection by Precor or its service representative. Cardio Theater products deemed defective by a Precor representative, will be issued a return authorization number. **Precor will not accept returns without a return authorization number.** Precor reserves the right, at their option, to repair or replace the product after verification of defect. Product that fails after the warranty period expires will be repaired or replaced at the current part and labor pricing after authorization from the customer. Repairs are warranted for 90 days. Precor's obligations under this warranty are limited as set forth below.

Warranty Periods and Coverage.

- | | | |
|---|--------|---------------|
| • Cardio Theater Transmitters
xTV-T Wireless or Wired Floor Models
xTVFM system transmitter | 3 Year | Parts & Labor |
| • Cardio Theater Receivers
XTV-R Wireless or Wired Upper Models
XTVFM system receiver | 1 Year | Parts & Labor |
| • Cardio Theater LCD Screen (PVS) | 1 Year | Parts & Labor |
| • Cardio Theater Screen Controllers | 1 Year | Parts & Labor |
| • Quick Change Headphone Jack | 90 Day | Parts Only |
| • Optional DVD Player | 1 Year | Parts |

Conditions and Restrictions.

This warranty is valid only in accordance with the conditions set forth below:

- The warranty applies to the Cardio Theater product only while
 - it remains in the possession of the original purchaser and proof of purchase is demonstrated,
 - it has not been subjected to accident, misuse, abuse, improper service, or mechanical, electrical or non-Precor modification,
 - claims are made within the warranty period.
- This warranty does not cover damage or product failure caused by electrical wiring not in compliance with electrical codes or Precor owner's manual specifications, or failure to provide reasonable and necessary maintenance as outlined in the owner's manual. **This warranty excludes misuse or failures of, for example, poor quality CD's, multiple discs inserted in the player, failures caused by home-produced copies of discs, etc.**
- Except in Canada, Precor does not pay labor outside the United States.
- Warranties outside the United States and Canada may vary. Please contact your local Dealer for details.

This Limited Warranty shall not apply to:

- Software (PROM) version upgrades.
- Normal wear and tear, consumables and cosmetic items, including, but not limited to the following: labels.
- Repairs performed on Cardio Theater products missing a serial number or with a serial tag that has been altered or defaced.
- Service calls to correct installation of the product or instruct owners on how to use the product.
- Pickup and delivery involved with repairs.
- Any labor costs incurred beyond the applicable labor warranty period.
- The user is cautioned that changes or modifications not expressly approved by the manufacturer of the product could void the user's authority to operate the product.

Complete this portion and keep for your records.

Purchased From: _____ Example: Dealer or store name.
Phone Number: _____ Example: Dealer or store telephone number.
Product/model: _____ Example: Transmitters, Receivers
Serial number: _____
The serial number is found on the shipping container or item.

The warranties provided herein are the exclusive warranties given by Precor and supersede any prior, contrary or additional representations, whether oral or written. ANY IMPLIED WARRANTIES, INCLUDING THE WARRANTY OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE THAT APPLY TO ANY PARTS DESCRIBED ABOVE ARE LIMITED IN DURATION TO THE PERIODS OF EXPRESS WARRANTIES GIVEN ABOVE FOR THOSE SAME PARTS. PRECOR HEREBY DISCLAIMS AND EXCLUDES THOSE WARRANTIES THEREAFTER. Some States do not allow limitations on how long an implied warranty lasts, so the above limitation may not apply to you. PRECOR ALSO HEREBY DISCLAIMS AND EXCLUDES ALL OTHER OBLIGATIONS OR LIABILITIES, EXPRESS OR IMPLIED, ARISING BY LAW OR OTHERWISE, WITH RESPECT TO ANY NONCONFORMANCE OR DEFECT IN ANY PRODUCT, INCLUDING BUT NOT LIMITED TO: (A) ANY OBLIGATION, LIABILITY, RIGHT, CLAIM OR REMEDY IN TORT, WHETHER OR NOT ARISING FROM THE NEGLIGENCE OF PRECOR OR ITS SUPPLIERS (WHETHER ACTIVE, PASSIVE OR IMPUTED); AND (B) ANY OBLIGATION, LIABILITY, RIGHT, CLAIM OR REMEDY FOR LOSS OF OR DAMAGE TO ANY PRODUCT. This disclaimer and release shall apply even if the express warranty set forth above fails of its essential purpose.

Exclusive Remedies.

For any product described above that fails to conform to its warranty, Precor will provide, at their option, one of the following: (1) repair; (2) replacement; or (3) refund of the purchase price. Limited Warranty service may be obtained by contacting the authorized dealer from whom you purchased the item. Precor compensates Servicers for warranty trips within their normal service area to repair commercial product at the customer's location. You may be charged a trip charge outside the service area. THESE SHALL BE THE SOLE AND EXCLUSIVE REMEDIES OF THE BUYER FOR ANY BREACH OF WARRANTY.

EXCLUSION OF CONSEQUENTIAL AND INCIDENTAL DAMAGES.

PRECOR AND/OR ITS SUPPLIERS SHALL HAVE NO OBLIGATION OR LIABILITY, WHETHER ARISING IN CONTRACT (INCLUDING WARRANTY), TORT (INCLUDING ACTIVE, PASSIVE, OR IMPUTED NEGLIGENCE AND STRICT LIABILITY), OR OTHERWISE, FOR DAMAGE TO THE PRODUCT, PROPERTY DAMAGE, LOSS OF USE, REVENUE OR PROFIT, COST OF CAPITAL, COST OF SUBSTITUTE PRODUCT, ADDITIONAL COSTS INCURRED BY BUYER (BY WAY OF CORRECTION OR OTHERWISE) OR ANY OTHER INCIDENTAL, SPECIAL, INDIRECT, OR CONSEQUENTIAL DAMAGES, WHETHER RESULTING FROM NONDELIVERY OR FROM THE USE, MISUSE OR INABILITY TO USE THE PRODUCT. This exclusion applies even if the above warranty fails of its essential purposes and regardless of whether such damages are sought for breach of warranty, breach of contract, negligence, or strict liability in tort or under any other legal theory. Some states do not allow the exclusion or limitation of incidental or consequential damages, so the above limitation may not apply to you.

This warranty gives you specific legal rights, and you may also have other rights, which vary from state to state.

Effective 21 January 2005
P/N CX30037-101

Disclaimer and Release.

TECHNICAL SUPPORT

Technical Support Numbers

Telephone (800) 776-6695
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Technical Support Hours:

7:00 AM to 3:30 PM Monday through Friday PST.

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Notice

Due to continuing advancements in technology, Cardio Theatre reserves the right to make changes in hardware, packaging, and any accompanying documentation without prior written notice.

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